



Doncaster Council

**Doncaster
Health and Wellbeing Board**

Date: 14 March 2019

Subject: Director of Public Health Annual Report 2018

Presented by: Dr Rupert Suckling

Purpose of bringing this report to the Board	
Decision	
Recommendation to Full Council	
Endorsement	
Information	x

Implications		Applicable Yes/No
DHW Strategy Areas of Focus	Substance Misuse (Drugs and Alcohol)	X
	Mental Health	x
	Dementia	X
	Obesity	x
	Children and Families	x
Joint Strategic Needs Assessment		x
Finance		
Legal		
Equalities		
Other Implications (please list)		

How will this contribute to improving health and wellbeing in Doncaster?

The Director of Public Health (DPH) has a statutory duty to write a report on the health of the local population and the authority has a duty to publish it (section 73B (5) & (6) of the 2006 Act, inserted by section 31 of the 2012 Act). The content and structure of the report is something to be decided locally.

The 2018 Doncaster Director of Public Health Annual Report is the fourth authored by Dr Rupert Suckling.

In an increasingly digital world, this year the delivery of the main report is as a short video <https://youtu.be/SghEWPqi4Jg> which will be made available online, the attached PDF version is intended to accompany the video.

This is the first Annual Report to focus on a specific topic and the topic is 'No health without mental health'. As a society it is important that everyone understands what is meant by mental health and is able to talk about it.

For this Annual Report mental health or mental wellbeing is defined as the combination of feeling good and functioning effectively. Feeling good includes not only the positive emotions of happiness and contentment, but also other emotions as interest, engagement, confidence and affection. Functioning effectively (in a psychological sense) involves the development of one's life, having a sense of purpose such as working towards valued goals, and experiencing positive relationships.

Three key factors impact on mental health, living circumstances, personal resources and the activities where energy is focussed. This report concentrates on the activities where energy is focussed and by focusing on the 'Five ways to Wellbeing' people can create better mental health for themselves, their families and their friends.

The Annual Report does not focus on living circumstances, personal resources or mental health services for either children and young people, or adults with mental illness as these issues, services and strategies have all been the subject of local Overview and Scrutiny reviews in the last year. Locally most mental health services are commissioned by Doncaster Clinical Commissioning Group and provided by Rotherham Doncaster and South Humber NHS Foundation Trust. Further information about these services is available through the individual organisations.

Finally this report provides updates on progress against the five building blocks for good health and wellbeing identified in 2017's report. These are:

- Give every child the best start in life
- Make good growth our watchword for economic development
- Improve healthy life expectancy through preventing disability
- Tackle unfairness and health inequalities
- Build a sustainable and resilient borough

Recommendations

The Board is asked to:-

NOTE the report and consider how the recommendations can be taken forward in future strategy and delivery plans.